



Thrive Memory Care at The Watermark at West Palm Beach

A UNIQUELY FULFILLING LIFESTYLE

In West Palm Beach, a Memory Care experience unlike any other is coming in mid-2022. A place where residents lead rewarding, enriching lives filled with engaging activities. A setting where the expert care always includes empathy. A true community where luxury and wellness come together.

This is Thrive Memory Care at The Watermark at West Palm Beach—where the possibilities for residents are truly endless.

CONTEMPORARY, COMFORTABLE RESIDENCES

The 21 private and semi-private suites in our Memory Care neighborhood are designed to be both refined and familiar, providing the luxuries of a boutique hotel with the comfort of home.

THOUGHTFUL, CUSTOM CARE

The experience begins with our “Nayas,” who are named after the ancient Sanskrit word for “guide” or “person of wisdom.” They are involved in every aspect of daily life, giving them a complete wellness picture and allowing them to create deep connections with residents—while providing comprehensive care in a nurturing environment.

Elevated in every way.

Upscale amenities and enriching experiences are plentiful at The Watermark at West Palm Beach, inviting residents to thrive. For our Memory Care residents, additional specialized programs and services ensure they feel right at home.



THRIVE MEMORY CARE PROGRAMS

Gourmet Bites Cuisine

Our signature Gourmet Bites Cuisine transforms traditional menu items into bite-sized portions that are delicious and designed to be easily eaten without the need for utensils or assistance.

Personal Pantry

The Personal Pantry program provides residents with personal space to store favorite items such as tea and scones, cookies, canned soups, and crackers—so snacks that provide comfort and joy are always close at hand.

Memory Care Courtyard

Our Memory Care neighborhood residents have access to a private, dedicated outdoor courtyard.

24/7 Care

Naya associates are available 24 hours per day for assistance.

Engage VR

EngageVR offers residents the opportunity to immerse themselves in exciting virtual experiences and adventures, such as experiencing the Apollo 11 moon landing, exploring the Titanic or embarking on an African safari.

Expressive Arts

We use music, art and movement to tap into all forms of creativity for an alternative form of communication beyond words.

Physical Wellness

From traditional fitness classes to innovative offerings such as Sit and Be Fit, Wake and Shake, The Conductor's Workout and Tai Chi, our physical fitness programs are tailored to individuals' abilities, preferences and needs.

Watermark University

Our award-winning Watermark University features dozens of classes with something for everyone, including history lessons, culinary courses, mindful meditation, art workshops, and more.

Life Histories

We recognize that everyone brings a unique life experience to our community. By using past occupations, preferred hobbies and treasured talents, we create opportunities for meaningful connections, along with feelings of true accomplishment, purpose and joy.



SCHEDULE AN APPOINTMENT

To learn more and schedule a private consultation, please contact us at **561-537-3200**.

watermarkwestpalmbeach.com

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INDEPENDENT LIVING · ASSISTED LIVING · MEMORY CARE

LICENSE PENDING

